

PS Home Learning – PE

As the weather is a little wet and cold I thought I would challenge you to make an obstacle course in your house (maybe in the lounge or in a hall way). Try to think of different ways in which you could move such jumping over things or crawling underneath or through things. You may have a section where you throw a ball in to a basket. You might have to run fast between different sections of the course or even walk backwards! I look forward to seeing what you create!

Just remember when creating your course our rule of 'Be Safe' – think carefully where you may jump or place different obstacles.